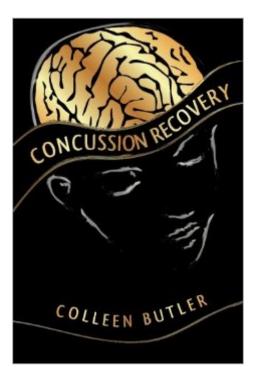
The book was found

Concussion Recovery: Rebuilding The Injured Brain





Synopsis

As stated by Harry Zarins, Executive Director of the Brain Injury Association of Canada, Concussion Recovery is an extremely practical guide, which is written from first-hand experience. The book is a compendium of information, techniques, and insight, which the author, Colleen Butler, has compiled from her own journey to understand brain injury and to find her path to recovery. Colleen's extensive experience in helping those who are coping with the challenges of brain injury has led her to develop innovative solutions to give hope and speed the recovery of survivors. Readers will greatly benefit from the empathetic, compassionate approach of the book, its humour and the information it offers. Uplifting, honest and straightforward, Concussion Recovery will empower survivors to take control of their recovery journey and to be patient with themselves as they rebuild their lives.

Book Information

Paperback: 160 pages Publisher: CreateSpace Independent Publishing Platform (March 29, 2012) Language: English ISBN-10: 1475024827 ISBN-13: 978-1475024821 Product Dimensions: 6 x 0.4 x 9 inches Shipping Weight: 10.6 ounces (View shipping rates and policies) Average Customer Review: 5.0 out of 5 stars Â See all reviews (3 customer reviews) Best Sellers Rank: #949,492 in Books (See Top 100 in Books) #307 in Books > Health, Fitness & Dieting > Diseases & Physical Ailments > Physical Impairments #802 in Books > Medical Books > Medicine > Sports Medicine

Customer Reviews

This was a well written resource for my patients and their families. Provided good info and gave them tips to follow.

This has been a great help for my daughter who is recovering from a brain injury. Thank you very much

I highly recommend this book. The author shares her journey with the reader explaining how she has coped and recovered from her concussion. Well worth reading it.

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